



Island Fitness Council Certification Checklist

Name	_____	
Address	_____	
Telephone	_____ (h)	_____ (w)
Fax	_____ (h)	_____ (w)
E-mail	_____ (h)	_____ (w)
Profession	_____	

Course Name	_____	(ie. FT, RTL etc.)
Date of Course	_____	(ie. month, year)
Location of Course	_____	(ie. UPEI, Charlottetown)

- Contact this office to arrange an appointment for a practical evaluation by a certified IFC Evaluator.
- Review the Fitness Instructor Evaluation form prior to the practical evaluation.
- Remit an evaluation fee \$35 plus HST + mileage (\$.30/km if evaluator travels more than 40 km return.) to Fitness NB.
- Forward IFC Professional Association Fee (April 1st - March 31st).
- Remit Liability Insurance Fee of \$30.00
- Forward a copy of current CPR - minimum 1 person adult CPR Heartsaver level. (PFT's must also forward a copy of current First Aid.)

**Payment may be made to the IFC by cheque, money order
or credit card.**

- Cheque (Made payable to the Fitness New Brunswick)
- Money Order
- Credit card (Please indicate your card number, expiry date and authorize payment by signing below.)

Visa #	_____	Expiry Date	_____
MasterCard #	_____	Expiry Date	_____
Signature	_____		
3 digit security #	_____		

Please mail to: The Island Fitness Council at the address below.

1216 Sand Cove Road, Unit 2
 Saint John, NB E2M 5V8
 Phone: (506) 672-1993 Toll Free: 1-888-790-1411 Fax: (506) 672-8762
 E-mail: membershipservices@fitnessnb.ca
 Web Site: www.fitnessnb.ca/islandfitnesscouncil.htm