



Policy # **94002C** **Transferability of Group Fitness Leader (GFL) Certifications**

Approved by Board: March 20, 2021

Rationale: Group Fitness leaders on occasion will request to transfer their certification(s) to Fitness New Brunswick.

Fitness NB is a Member of Fitness Leadership Canada (FLC), which is a Canadian partnership of provincial not-for-profit organizations dedicated to developing, promoting and implementing national standards for training and certification of fitness leaders in Canada. There are seven FLC provincial certifying bodies. All FLC provincial partners have agreed that certifications from each of these provinces may be transferred when an individual relocates.

To ensure a leader's knowledge and performance relative to their certification meets the FNB FLC standards, the following policies will apply.

Policy: **FNB/FLC Transfers (for all common GFL Certifications)**

FNB will honor the current certification(s) and current fiscal year membership. Upon expiry, the individual will fulfill FNB's re-certification requirements.

The individual will submit the following:

1. A copy of their current GFL certificate(s)
2. A copy of their current CPR.



Policy: Non FLC transfers

Where a bilateral agreement does not exist, the individual will be required to submit FNB the following:

1. A copy of the performance standards for their certification(s)*
2. A copy of their current GFL certificate(s).
3. A copy of their current CPR.
4. Payment of FNB membership fee based on the pro-rated fee structure.

The individual will be required to successfully complete the following:

1. The Exercise Theory Exam (based on prior learning)*
2. The FLC specialty exam (based on prior learning and/or experience)*
3. The FNB/FLC practical evaluation (s) for their specialty

Exemptions: 1. Exceptions to allow bypassing ET refer to Policy #: **94003C**

Pre-Requisites and Certification Requirements for Group Fitness Leaders

2. Exceptions to allow bypassing the FLC specialty exam will be determined based on prior learning and experience in consultation with the leader and the FNB ED.

Effective Date: April 1, 2021

*Updated and Revised: **March 10, 2021***

(Delineated between FLC and non FLC transfers, referenced exemptions)

*Updated and approved: **June 4, 2013** (No changes necessary)*

*Original date approved by Board: **September 1st, 1994***